

LIVING WATER

The Monthly Newsletter of Christ the Saviour Orthodox Cathedral ❖ Jan 2023



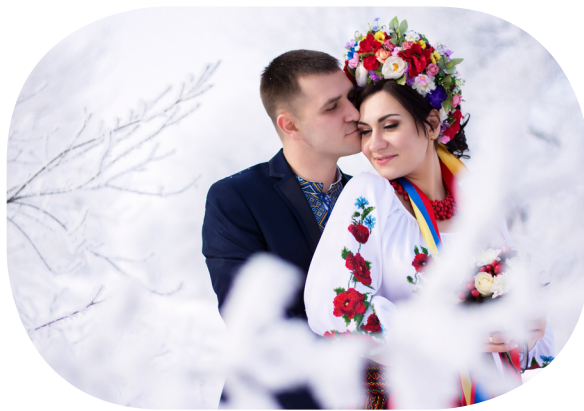
Dear Brothers & Sisters in Christ,

In his Epistle to the Romans, St Paul writes, “I want you to be wise in what is good, and simple concerning evil” (16:19). A recurring theme in the Scriptures is that the ideal for a Christian is to attain unto a certain simplicity and guilelessness regarding the ways of the world. Jesus Christ compares this life to that of an innocent child: “I say to you, unless you are converted and become as little children, you will by no means enter the kingdom of heaven; therefore whoever humbles himself as this little child is the greatest in the kingdom of heaven” (Matt 18:3-4).

One of the ways we attain to this ideal is to strive to live a simple life. In 1 Thessalonians 4:10-11, we read, “We urge you, brethren, that you...aspire to lead a quiet life, to mind your own business, and to work with your own hands.” The Book of Proverbs also says much about putting your nose to the grindstone, serving God through your daily labors, and not seeking what is beyond our necessities. Through this sort of simple life, we avoid the distractions of wealth, fame, and the constant pursuit of pleasure.

Simplicity of life is not only a reflection of one’s character; it is also a catalyst for spiritual

change. When we let go of the busy-ness and unnecessary stresses of life, and focus more on our internal life, it has a profound effect on everything we experience and do. It is a step back from the madness of a world that keeps moving faster and faster. It is to opt out of the chaos in order to discover peace, clarity, and enjoyment in the beautiful and basic things of life.



Pursuit of a simple life enables us to deeply participate in the essential reality of human existence. Things like food and drink, marriage and raising a family, life and death are taken up into the mystery of Christ; and time conforms itself to the cycle of worship and prayer, feast and fast, where everything has purpose.

Many Americans see January as a time to make resolutions. Often these pertain to worldly programs of self-improvement: lose weight, learn a new skill, become more successful. Instead, let us resolve to simplify our lives, working to put Christ at the center and making every moment meaningful and enduring.

In Christ,

A handwritten signature in black ink, appearing to be a stylized name.



**Christ the Saviour
Orthodox Cathedral**
16601 NW 77th Court
Miami Lakes, FL 33016
ph. (305) 822-0437
Cathedral@OrthodoxMiami.org

OFFERING THE LIVING WATER
TO SOUTHEAST FLORIDA

Visit our website for news, announcements
and changes to our schedule.

www.OrthodoxMiami.org

Announcements

✦ *Feast of Theophany*

Join us on Thursday, Jan 5 as we celebrate our patronal feast. Vigil begins at 6 pm, followed by Liturgy at 8 pm. Blessing of water and banquet will be after Liturgy on Sunday, Jan 8.

✦ *Heartbeat of Miami Pregnancy Center*

We will have a special collection after Liturgy on Jan 8 to help the Pregnancy Help Center in Hialeah.

✦ *Parish Council*

The Parish Council members will take their oath after Liturgy on Jan 15. Their first meeting will be that day after the Agape Hour.

Clergy

Fr. Joseph Lucas, PhD., MDiv.
*Rector of the Cathedral
Dean of South Florida*

Dn. Carlos Miranda, MDiv.

Minor Orders

Sbdn. Michael Richards
Rdr. Christopher Herbert
Rdr. Anthony Brian Allen
Rdr. Nilus Wawerczyk
Rdr. Artem Timofeev

Retired Attached

Fr. Philip Reese
Fr. Michael Zaparyniuk
Fr. Leonid Palceski

Parish Council

Rdr Nilus Wawerczyk - Treasurer
Rdr Anthony Brian Allen - Council Member
Nicole Mary Richards - Council Member
Duane Patrick Clarke - Council Member
Vernon Andrew Lee - Council Member
William Wusylko - Council Member
Henry Campos - Council Member

Choir

Elena Voronkova - Director

Orthodox Book Center

Rdr Nilus Wawerczyk - Director

Financial Secretary

J. Thomas Hornsey

Office Secretary

Hope Petipren

Prayer List for Healing

Bianca Iulia Goean / Ayesha Doten
Elena Voronkova / Karen Budowski
Norma Skuby / Vernon Lee / Angela Allen
Edward White / Georgette Hartner
Joshua Herbert / Antonio Nicodemo
Catherine and Elena Morris
Georgina Nikolic / Mary Perkins



“The fear of God illumines
the soul, annihilates evil,
weakens the passions,
drives darkness from the soul and
makes it pure. The fear
of God is the summit of
wisdom. Where it is not you will
find nothing good.
Whoever does not have the
fear of God is open to
diabolical falls.”

- **St Ephrem the Syrian**

January Birthdays

- 6 Ronald (Paisios) DeLaVega
- 8 Antonio Nicodemo
- 9 Norma Skuby
- 10 Emma Lowrey
- 11 Jennifer Lemieux
- 13 Jason Breijo
- 13 Ricardo (Athanasius) Sarmiento
- 17 Nicole Nicodemo
- 18 Peter Tikhonov
- 27 Ayesha Doten
- 27 Stephene (Mary) Fusillo

Wish List

*Manischewitz Concord Grape Wine
for Zapivka (after communion)*

Olive Oil for Lamps

*Winn Dixie / Publix Gift-Cards
for the Needy*

Books or Rolls of Stamps

Costco Colombian Coffee

Creamers and 1/2 & 1/2 for Agape Hour

*Home Depot Gift Cards
for Parish Gardening / Tools*