

# LIVING WATER

*The Monthly Newsletter of Christ the Saviour Orthodox Cathedral ❖ Jan 2020*



Dear Brothers & Sisters in Christ,

South Florida is a popular destination for travelers during the winter months. For those who hail from colder climates, our state offers a welcome respite from the snow, ice, and lack of foliage that characterizes a northern winter. Florida natives may be glad not to have lived through such a season. And Florida transplants may be glad to have left it behind.

Although winter often conjures thoughts of cold and gloomy scenery, there is also an inherent beauty, one that is best experienced in rural settings. Walking through a winter forest is an experience like no other. With the sun hidden from view, the grey sky seems to blend seamlessly into white-capped pines and ice-laden branches. Frozen lakes and streams reflect the forest like polished mirrors, and winds stir up the powdered precipitation, resembling the dancing snow fairies in Tchaikovsky's "Nutcracker."

But perhaps the greatest beauty in such a place is experienced when you close your eyes. There, in the stillness of the forest, you hear nothing. No birds are singing. No crickets are chirping. No one is talking. No traffic is moving. There is complete and utter silence. In such moments, you are alone with your thoughts. Without any external distractions, it is possible to step back and watch the movements of your soul, as if you are an observer of your own internal dialogue.



A recurrent theme in the writings of the Saints is the necessity of stillness in the life of the Christian. They refer to the Psalms, where we read, "Be still and know that I am God" (46/45 LXX). Our lives—and our thoughts—are usually quite busy. And it is quite difficult to experience the presence of God in the midst of such busyness. The story of God commissioning Elijah to be his prophet in 1 Kings tells us that he first saw three mighty signs: a whirlwind, an earthquake, and a fire. But God did not speak from these powerful images. Rather, he comes to Elijah as "a still, small voice."

If God speaks to us in a gentle whisper, then we must be still to hear his voice. Our tradition tells of two levels of stillness. The first is external. We must strive to simplify our lives, reduce the hectic pace at which we move. Even more, we should set aside quiet moments to pray and stand in God's presence.

The second level of stillness is internal. When we are able to calm our thoughts, and resist temptation, our soul becomes quiet. This is only possible if we make time for God regularly, daily. Then we can convert external quietude into internal stillness. Only once we train our brain to be still are we able to hear God.

In Christ,

A handwritten signature in black ink, appearing to be the name of the author, written in a cursive style.



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Orthodox Cathedral**

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**OFFERING THE LIVING WATER  
TO SOUTHEAST FLORIDA**

Visit our website for news, announcements  
and changes to our schedule.

[www.OrthodoxMiami.org](http://www.OrthodoxMiami.org)

**Announcements**

✠ *Agapē Hour (Coffee Hour)*  
Volunteers are needed to sign-up.

✠ *Parish Feastday*  
Our parish feastday will be celebrated on  
Sunday, January 12. It's important that  
we all celebrate together, and also sup-  
port our parish in the process. The Great  
Blessing of Water will take place after the  
Liturgy. A catered banquet will follow.  
Tickets: \$25 Adults; \$10 Teens; kids 12  
and under FREE.

✠ *Winter Camp*  
Winter Camp (teens only) will take place  
January 17 - 19, hosted by St Stephen's  
Orthodox Church in Longwood, Florida.  
Cost is \$50 per camper.

**Clergy**

Fr. Joseph Lucas, PhD. Cand., MDiv.  
*Rector of the Cathedral  
Dean of South Florida*

**Attached**

Fr. Philip Reese (Rector Emeritus)  
Dn. Carlos Miranda

**Minor Orders**

Sbdn. Michael Richards  
Rdr. Dionysios Charles Doten  
Rdr. Christopher Herbert  
Rdr. Anthony Brian Allen

**Retired Attached**

Fr. Peter Tutko  
Fr. Alexander Padlo  
Fr. Michael Zaperyniuk  
Fr. Ernesto Rios

**Parish Administration**

**Parish Council**

Reader Christopher Herbert - Warden / Secretary  
Rdr Dionysios Doten - Treasurer  
Leonard Giacone - Asst Treasurer  
Jim Shiskin - Council Member  
David Waite - Council Member  
Elena Voronkova - Council Member  
Mary Perkins - Council Member

**Choir Director**

Rdr Dionysios Doten

**Orthodox Book Center**

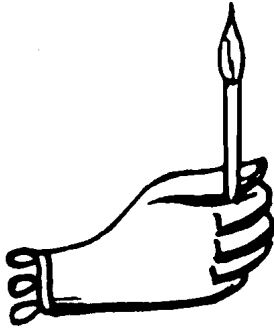
Gary George Popovich - Coordinator

**Women's Ministry**

Angela Allen - Coordinator

## Prayer List

Carrie Wusylko / Stanley Prystacky  
Enis Jakolenko / Karen Budowski  
Ludmilla Voinescu / Svetlana Roadway  
Stanley Klein / Vernon Lee / Nina Fortune  
Ann Ross / Norma Skuby  
Susan Simpkins / Antonio Nicodemo



## Highlights of November Financials

*Items should be at 92% of budget.*

<b>Expenses</b>	<b>Month</b>	<b>Year Total</b>	
Total Exp.	\$15,699	\$163,726	83.9%
<b>Income</b>	<b>Month</b>	<b>Year Total</b>	
Collections	\$8,954	\$110,387	75.1%
Candles	\$427	\$7,524	53.7%
Coffee Hour	\$162	\$1,984	38.9%
Hall Rental	\$150	\$2,150	35.8%
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Total Inc.	\$9,693	\$135,695	68.5%*

*\*At month's close, we were 15.4% under-funded.*

## January Birthdays

- 6 Ionela Manolache
- 7 SDn. Alexander Dimich
- 8 Sierra Correa
- 8 Ion Mavrodin
- 9 Norma Skuby
- 10 Emma Lowrey
- 11 Jennifer Lemieux
- 18 Peter Tikhonov
- 19 Juliana Dimich
- 27 Ayesha Doten
- 29 Anna Bond
- 30 Svetlana Roadway

## January Anniversaries

- 5 Ryan & Bri Ray
- 21 Robert & Lidia Brookes

## Wish List

*Winn Dixie / Publix Gift-Cards  
for the Needy*

*Rolls of Stamps*

*Processional - Altar Cross \$1,000*

*New Glass to Protect the Altar \$300*

*Manischewitz Concord Grape Wine  
for Zapivka (after communion)*

*Regular Donations of Half & Half  
and Non-Dairy Creamers  
for the Coffee Hour*