# LIUING WATER

The Monthly Newsletter of Christ the Saviour Orthodox Cathedral \* Oct 2018

Brothers & Sisters in Christ,

St Justin the Martyr, in his second century work *The First Apology*, wrote that the Crucified Christ is placed "at the center of the cosmos." God created everything with the intention of entering into His creation, suffering, dying, and rising on the third day. History can be broken down into BC (Before Christ) and AD (Anno Domini - Year of our Lord) because everything in the ancient past pointed forward to the Cross,

and everything since that day points backwards to it. The Cross is like an axis around which everything revolves.

As Christians, the Cross is not merely an identity marker; rather, it is a constant reminder of God's love. St Paul writes, "God shows his love for us in that while we were still sinners, Christ died for us" (Rom 5:8). Rather than

just tell us He loves us, God proved it. It was not for his sake that He became a human being, but for our sake. The eternal Son of God suffered and died so that He could defeat suffering and death for us. The final proclamation of this victory will be at the Last Judgement, when "death and Hades [are] thrown in to the lake of fire" (Rev 20:14)

If the Cross is meant to remind of us what God has done for us, it is also supposed to remind us of what we must do for Him. Christ instructs us, "If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me" (Luke 9:23). Being a disciple of the Lord means that we must deny our own selfish desires and impulses.

It is not that God doesn't want us to be happy, but that He knows our selfishness keeps us far from Him, and therefore far from true and lasting joy. The way of the Cross is not simply about death, it is about new life. If we imitate Christ by following Christ up Golgotha with our Cross on our back, we will also imitate Him by rising in glory. As we hear at Matins on Sunday morning, "Through the Cross joy has come into all the world!"

When we chase after the things of this world, we generally do so at the expense of

others. When we put ourselves first, we put God and our fellowman last. Self-denial is not the same as punishing ourselves, it is about limiting ourselves. We cut off our own will and thus open ourselves up to the will of God. If we want to be filled with God's grace, we have to make room for Him. Otherwise, we are simply full of ourselves.

The way of the Cross is not easy. Christ warned us that "small is the gate and narrow is the way that leads to life" (Matt 7:14). But we do not walk this path alone. Christ has carried His Cross for all of us. And He will help us carry ours, if only we ask.

Yours in Christ,

Fr. Joseph Lucas



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# OFFERING THE LIVING WATER TO SOUTHEAST FLORIDA

Visit our website for news, announcements and changes to our schedule.

www.OrthodoxMiami.org

#### **Announcements**

- \* Autumn Retreat.

  Fr Stephen Freeman, author of "Everywhere Present," and the blog/podcast

  "Clary to Cod for All Things" will be
- where Present," and the blog/podcast "Glory to God for All Things" will be leading our Retreat on Saturday, Oct 20.
- ₩ Visit of Wonder-Working Icon.
  In conjunction with our Autumn Retreat on Oct 20, the wonder-working myrrh-streaming Iveron Icon of Honolulu will be visiting the Cathedral.
- **▼** Trunk-or-Treat.

Families, join us for our annual substitute for Halloween, featuring fun, food, and games. Where a church-appropriate costume and decorate your vehicle to take part in the festivities.

# Clergy

Fr. Joseph Lucas, PhD. Cand., MDiv. Rector of the Cathedral Dean of South Florida

#### Attached

Fr. Philip Reese (Pastor Emeritus) Dn. Carlos Miranda

#### **Subdeacons**

Randolph (Christopher) LaCroix Alexander Dimich

#### Readers

Dionysi Charles Doten Christopher Herbert Stephen Butcher Anthony Brian Allen Innocent Correa

#### Retired Attached

Fr. Peter Tutko Fr. Alexander Padlo Fr. Michael Zaperyniuk

#### **Parish Administration**

#### **Parish Council Officers**

Reader Christopher Herbert - Warden Jim Shiskin - Treasurer Mikhail Ramcharan - Secretary

#### Members

Gary Popovich
Reader Dionysi Doten
Corina Mavrodin
Subdeacon Alexander Dimich
Mary Perkins (Alt)
Gerasimos Evanoff (Alt)

#### Sisterhood

Corina Mavrodin - Director Karen Budowski - Asst Director Angela Allen - Treasurer Susan Simpkins - Secretary

#### **Choir Director**

Reader Dionysi Doten

# **Prayer List**

Hannah Butcher Lillian Raynes Enis Jakolenko Ludmilla Voinescu Svetlana Roadway Ted & Karen Budowski Vernon Lee



### Where Does Happiness Come From?

How mistaken are those people who seek happiness outside of themselves: in foreign lands and journeys, in riches and glory, in great possessions and pleasures, in diversions and vain things, which have a bitter end! To construct the tower of happiness outside of ourselves is the same as building a house in a place that is consistently shaken by earthquakes. Happiness is found within ourselves, and blessed is the man who has understood this. Happiness is a pure heart, for such a heart becomes the throne of God. Thus says Christ of those who have pure hearts: "I will visit them, and will walk in them, and I will be a God to them, and they will be my people" (2 Cor. 6:16). What can be lacking to them? Nothing, nothing at all! For they have the greatest good in their hearts: God Himself!

- Saint Nektarios of Aegina

# **October Birthdays**

- 3 Mikhail Ramcharan
  - 5 Anthony Chavez
    - 7 Pedro Suarez
  - 8 Oscar Villalobos
- 9 Irene Margitich (Fregien)
  - 6 Bianca Mikuski
  - 11 Karen Garcia
  - 12 Rdr. Brian Allen
  - 15 Veronika Bond
  - 15 Argentina Arana
  - 18 Taylor Rodriguez
    - 19 Yuriy Kelasov 20 Ryan Ray
  - 23 Elena Voronkova
  - 24 Diane Fountain
  - 27 Andrew Urbec
  - 29 Joann Fregien
  - 29 Fr. Joseph Lucas
  - 30 Jimmy Rodriguez

#### **October Anniversaries**

- 4 Nevis & Irene (Margitich) Fregien
  - 23 Marcus & Donna Jammes
  - 30 Jose & Josefina Cofiño
- 30 SDn. Alexander & Juliana Dimich

#### **Parish Wishlist**

Rolls of "Forever" Stamps

Costco "Kirkland" Coffee

Winn Dixie / Publix gift cards to give to the poor

We are looking for sponsors for the following items:

Signage for the Cathedral

New chairs for the temple

Construction of fountain in courtyard

We need volunteers for:

Lawn Care and Hedge Trimming

Greeters

**Choir Singers**