

# LIVING WATER

The Monthly Newsletter of Christ the Saviour Orthodox Cathedral ❖ Aug 2018



Brothers & Sisters in Christ,

There are numerous signs in our society that something is breaking down. Studies reveal that the percentage of Americans suffering from depression and personality disorders continues to rise. Anxiety, stress, and health issues are causing Americans to turn to medication to cope with their problems. Chronic loneliness is endemic, and social media seems to exacerbate the problem rather than alleviate it. Violence, such as school shootings, are becoming commonplace.

All of these concerns are not the root cause of our illness, but merely the symptoms. The underlying cause is twofold: alienation from God, and alienation from each other.

When asked which of the divinely-inspired commandments is greatest, Jesus Christ responded, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. And the second is like it: ‘You shall love your neighbor as yourself.’ On these two commandments hang all the Law and the Prophets” (Matt 22:37-40). In summarizing the Law in this way, our Lord reveals to us the solution to our present dilemma.

We learn to love God, and our fellow human beings, through the life of the Church. In the context of fellowship and service within our local parish, we are given an opportunity to break free from complacency. St John the Evangelist and

Apostle writes, “If someone says, ‘I love God,’ and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen?” (1 Jn 4:20) In the parish, we learn to love God *through* love for others. While anyone can give lip-service to their faith in God and love for mankind, only those who put it into practice become true Christians.

When we learn to love our fellow parishioners, something amazing happens: we become a spiritual family. We begin to share in one another’s lives, to support one another’s spiritual growth, and to assist one another in times of need. Such ties become stronger the more we seek out each other’s presence. And the relationships we forge prevent the sort of isolation and disintegration that leads to loneliness, depression, angst, and episodes of violence.

With the love we share in the Church, worked out and lived in our local parish, we also learn to love those outside our faith community: our neighbors and coworkers. Our spiritual integrity enables us to stand against the tide of fragmentation so prevalent in our world. In this way, the light of Christ can shine in the darkness.

Yours in Christ,  
Fr. Joseph Lucas

A handwritten signature in blue ink, appearing to read 'Joseph Lucas', written in a cursive style.





**Christ the Saviour  
Orthodox Cathedral**

16601 NW 77th Court  
Miami Lakes, FL 33016  
ph. (305) 822-0437  
fax (305) 822-0842

[joseph.lucas@orthodoxmiami.org](mailto:joseph.lucas@orthodoxmiami.org)

**OFFERING THE LIVING WATER  
TO SOUTHEAST FLORIDA**

Visit our website for news, announcements  
and changes to our schedule.

[www.OrthodoxMiami.org](http://www.OrthodoxMiami.org)

**Announcements**

✠ *New Bible Study: Romans.*  
Bible Study will resume on Wednesday, August 8. We'll be taking on one of the most difficult books of the Bible: St Paul's Epistle to the Romans. Small Compline (Evening Prayers) will be beforehand at 6:30 PM; Study at 7 PM.

✠ *Teaching Liturgy.*  
On Sunday, August 26, Fr Joseph will perform the Proskomedia (preparation service) publicly, with explanation.

✠ *Church School Registration.*  
Please register your children for Church School on August 26 and September 2. First day of class is September 9. For school-age kids, ages 5 - 18.

**Clergy**

Fr. Joseph Lucas, PhD. Cand., MDiv.  
*Rector of the Cathedral  
Dean of South Florida*

**Attached**

Fr. Philip Reese  
Dn. Carlos Miranda

**Subdeacons**

Randolph LaCroix  
Alexander Dimich

**Readers**

Dionysi Charles Doten  
Christopher Herbert  
Stephen Butcher  
Anthony Brian Allen  
Innocent Correa

**Retired Attached**

Fr. Peter Tutko  
Fr. Alexander Padlo  
Fr. Michael Zaperyniuk

**Parish Administration**

**Parish Council Officers**

Reader Christopher Herbert - Warden  
Jim Shiskin - Treasurer  
Mikhail Ramcharan - Secretary

**Members**

Gary Popovich  
Reader Dionysi Doten  
Corina Mavrodin  
Subdeacon Alexander Dimich  
Derrick Budowski  
Ryan Ray  
Mary Perkins (Alt)  
Gerasimos Evanoff (Alt)

**Sisterhood**

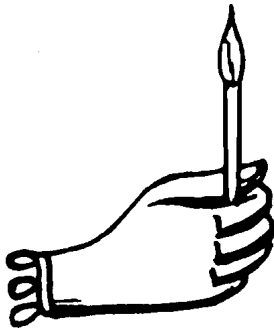
Corina Mavrodin - Chair  
Karen Budowski - Vice Chair  
Angela Allen - Treasurer

**Choir Director**

Reader Dionysi Doten

## Prayer List

Hannah Butcher  
Lillian Raynes  
Enis Jakolenko  
Ludmilla Voinescu  
Svetlana Roadway  
Ted & Karen Budowski



## Commemorations during the Liturgy

It is our practice in the Orthodox Church that parishioners can ask the priest pray for their family and acquaintances during the Divine Liturgy. Lists of names are sent up to the Sanctuary for this purpose. In some traditions, a small loaf of bread (prospora) accompanies the list of names. However, many parishioners are confused about the practice, and also many do not retrieve their loaf after the Liturgy. Please observe these guidelines:

- 1) You can fill out the commemoration sheet anytime prior to the Great Entrance (when the Chalice processes around).
- 2) Only list first names (no nick-names); and please list non-Orthodox names on the bottom half.
- 3) You can fill out a commemoration sheet without purchasing a prospora loaf. The loaves will remain behind the counter, available upon request. If you purchase a loaf, do not forget to take it after the Liturgy.

## August Birthdays

- 1 Anetera Bryant
- 2 Panagiotis Georgakopoulos
- 4 Declan Lemieux
- 5 Samantha Jammes
- 8 Ian Allen
- 9 Irina Giacone
- 10 Susan Simpkins
- 13 Lazaro Cortes
- 14 Joel Clarke
- 16 Donna Jammes
- 16 Etsegenet ( Tina )Waite
- 17 Christine Clarke
- 25 Jan Lemieux
- 25 Danica Simpkins
- 27 Jose Cofiño
- 30 Diana Rodriguez

## August Anniversaries

- 2 Rdr. Stephen & Samantha Butcher
- 6 Walter & Kathy Budowski
- 7 Ted & Karen Budowski
- 8 Jan & Jennifer Lemieux
- 15 Fr. Joseph & Pres. Irina Lucas
- 17 Honoriu & Liana Filimon

## Parish Wishlist

Rolls of "Forever" Stamps

Costco "Kirkland" Coffee

Winn Dixie gift cards to give to the poor

*We are looking for sponsors  
for the following items:*

Signage for the Cathedral

New chairs for the temple

Construction of fountain in courtyard

*We need volunteers for:*

Lawn Care and Hedge Trimming

Greeters

Choir Singers